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COURTESY ADRIANO FAGUNDES

Deadline for tent city

VICTORIA

Anti-poverty activist says site 'impossible to ignore'

A court order forcing dozens of homeless to pack up and dismantle Victoria's tent city on Monday hasn't diminished the attention the controversial site has drawn to the growing problem of homelessness in Canada, an anti-poverty advocate says.

The hodge-podge of tents, hoarding and tarps on the lawn just outside the court house in British Columbia's capital drew national attention to the number of people sleeping on the streets.

"We've had people sleeping in the parks in Victoria, in doorways, for years and years, and because it was so disparate throughout the community it just wasn't noticeable and people really didn't react in the same way as they did when they saw the dire poverty and people there all together," said Kelly Newhook, executive director of Together Against Poverty Society.

"It was impossible to ignore."

The camp grew from a few tents in the spring of 2015 to dozens of makeshift shelters.

After a legal dispute between the province and anti-poverty activists, a B.C. Supreme Court judge ruled on July 5 that those living in the camp must leave by Aug. 8 due to declining safety and sanitary conditions at the site.

The B.C. government was spending $184,000 per month on upkeep for the site including the cost of collecting garbage and supplying portable toilets, said Ministry of Housing spokeswoman Lindsay Byers.

That figure also funded community workers from the Portland Hotel Society to help connect campers with housing and other social services.

THE CANADIAN PRESS

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metro NEWS

Your essential daily news

Hot air balloon safety measures need work, federal agency says. **Canada**

High tea shop finds success

KERRISDALE

Small business has weathered rent hikes and area changes

Wanyee Li
Metro | Vancouver

Owners of a long-time small business in Vancouver's rapidly changing Kerrisdale neighbourhood say careful planning has ensured its success as they prepare for an expansion.

The Secret Garden Tea Company started offering high tea in 1995 and has weathered rent hikes and changes in neighbourhood demographics so well that it is moving to a space twice as large as its current location later this month.

Co-founder and Kerrisdale resident Kathy Wyder said adapting to new realities can be especially difficult for small businesses because profit margins are so tight.

"There's been a lot of change in Kerrisdale," she said.

"There's a lot more challenges, and I'm really proud of (co-owner) Erin and myself because we've managed to make it through some pretty hard times."

Wyder and sister in-law Erin Wyder signed a 10-year lease in a new mixed-use building on West 40th Avenue.

Mid-rise condo buildings with retail space on the ground floor are replacing many of Kerrisdale's post-war buildings.

Co-owners Kathy, left, and Erin Wyder are moving the Secret Garden Tea Company to a space twice as big as its current location this month. COURTESY SECRET GARDEN TEA COMPANY

The small businesses in those old buildings are often unintended casualties, said Kerrisdale Business Association co-ordinator Terri Clark.

"When small businesses are thrown out, they can hardly ever afford a higher rent. That's part of the problem."

Thomas Hobbs Florist, Boccocino Deli, and most recently, The Red Onion, are among the small businesses that have closed in recent years. Some say the changing business landscape in Kerrisdale is due to an influx of Chinese residents.

"It has changed dramatically with an influx of new residents," said Clark, who has been KBA's co-ordinator for 17 years. "It's the way it is. It's changed. You can't stop change."

> **It's the way it is. It's changed. You can't stop change.**
> Terri Clark

But the Secret Garden's scones, small sandwiches and never-ending selection of different teas have proved popular with a wide variety of customers.

"We have little girls, babies, up to women and men who are in their 90s," said Wyder.

"We have people from all different cultures and I'm so happy with that."

Diversity is also important when it comes to maintaining the balance between big box stores and family-owned businesses, she said.

"I think diversity is so important at so many levels but at the business level … if you have all big businesses and no small (ones), it just kills the character."

Clark is confident the neighbourhood will remain a small business community. New small businesses are replacing the old ones and chain stores don't necessarily find success in Kerrisdale — she pointed out Pier 1 Imports' exit from the 41st Ave. location that used to house IGA.

"We don't control when businesses come or go. Our mandate is to create a good environment and I think we do a pretty good job of that."

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James Fisher, a 44-year-old oil patch worker from Alberta, has been living at the Union Gospel Mission in Vancouver's Downtown Eastside as he tries to save enough for an apartment. JEN ST. DENIS/METRO

Housing costs barrier to Albertan workers

LABOUR

Many people in shelters amid city's booming job sector

Jen St. Denis
Metro | Vancouver

There's no shortage of construction work in Metro Vancouver, but the region's high cost of housing is pushing some job seekers from Alberta to land temporarily in homeless shelters.

"It has been hard," said James Fisher, a 44-year-old oil patch worker who was laid off in January. He's been living at the Union Gospel Mission shelter for a month while he works at a warehouse and tries to save enough for an apartment.

"I came here, I was sure that I had housing, me and a friend, then he backed out due to finances. That left me hanging, and when you're new to a city you don't have the contacts, you don't know the city layout."

Organizations in the Downtown Eastside say there has been a big increase of people in a similar situation. Jeremy Hunka, a spokesman for Union Gospel Mission, said the shelter has seen a 50 per cent increase in out-of-province arrivals compared to last year.

"We have been seeing a really large influx of people from Alberta," said Marcia Nozick, CEO of EMBERS, a temporary employment agency in the Downtown Eastside that helps people transition back into the workforce.

The good news is that the Albertans are finding work in the Lower Mainland's booming construction industry, usually a few weeks after finding themselves in the shelter. They're often skilled tradespeople who are used to working hard and are "not entrenched in the street," Hunka said.

"They're coming because there just isn't work in Alberta," Nozick said. "But it's expensive for them — they're in a little bit of a culture shock."

> They're coming because there just isn't work in Alberta. But it's expensive for them — they're in a little bit of a culture shock.
> Marcia Nozick

There are a lot of construction jobs in the Lower Mainland for the taking, Nozick said: EMBERS has been unable to fill some positions and this week opened a second office in Surrey.

While Alberta continues to struggle through an economic slowdown that was triggered by the oil price shock of 2014 and 2015, B.C. currently has the highest job growth of any province in Canada.

On Friday Statistics Canada reported that B.C. gained 12,000 jobs, while the country as a whole lost 31,000 jobs.

B.C.'s booming job market is an urban phenomenon: outside of Metro Vancouver and Victoria, the rest of the province has seen a decline in employment, said Bryan Yu, an economist with Central 1 Credit Union. Since January, job creation in Metro Vancouver has grown 5 per cent, compared to 0.4 per cent for Canada.

Further adding to the shock for Alberta workers is the lower wage environment in B.C.: it's unlikely a laid-off oil patch worker will be able to make what he or she did at the height of Alberta's oilsands boom. B.C. wages haven't grown even as more jobs have been created, Yu said, and the province has lost many of the high-paying oil and gas jobs of northern B.C.

The situation is putting added pressure on Vancouver's already severe housing crisis. Compared to one year ago, Union Gospel Mission is turning away three times as many people because the shelter is full. That number has grown not just because of the relatively small number of people coming from out of province, but because homelessness in Vancouver has been increasing overall.

"We have a 0.6 per cent vacancy rate, rents are increasing all the time, and SROs (single room occupancy hotels), which used to be $325, $375 are $500 plus; sometimes they're up to $600 or $700," Hunka said.

"The average rental price for a bachelor in the Downtown Eastside is $900. More people are falling into homelessness and it's harder to get out once you're there."

Welfare rates in B.C. have been frozen since 2007, but many of the people using the Union Gospel Mission shelter are working and are simply not able to make enough to get out of poverty.

"Even with a job people on the bottom rung are having a harder time hanging on," Hunka said.

Vancouver artists making waves at the Olympics

CULTURE

SFU students showcase multimedia display in Rio

Sam Smith
For Metro | Vancouver

With the eyes of the world on Rio de Janeiro for the 2016 Summer Olympics, two SFU students are showing off their hard work in a different way.

A multimedia art display created by PhD students Mirjana Prpa and Kıvanç Tatar was selected to be displayed in Rio de Janeiro as part of the Olympics' cultural programming.

The choice to display the piece came as a surprise to the pair, as both figured their installation would only be run in New York City after Regina Miranda, a curator who helped them set up the display, informed them she wanted their piece to also be part of the cultural programming at the Olympics, which she had a direct connection to.

"I feel excited about the opportunity to collaborate with Regina and her great team in Brazil and share our work with many people who came to experience it during those five weeks while the installation and performance is on," Prpa said.

The art installation entitled P.O.E.M.A., which stands for Percursos Organizados Entre Movimentos Aleatorios, is based off Prpa and Tatar's New York City display called Pulse, Breath, Water.

Utilizing an Oculus Rift VR-headset and a respiratory-monitoring device, the art piece is anything but ordinary, as it projects a virtual ocean onto a screen, varying in its display and music played depending on the user connected to the device depending on their reaction, including their pulse, head position, and breathing patterns.

"We aimed for connecting a user and a virtual environment through the user's breathing while they are immersed in a virtual environment," Prpa said. "The concept evolved around three elements: pulse, breath, and water."

Breath is the main component, the two explained, as it allows the user direct influence with the virtual environment.

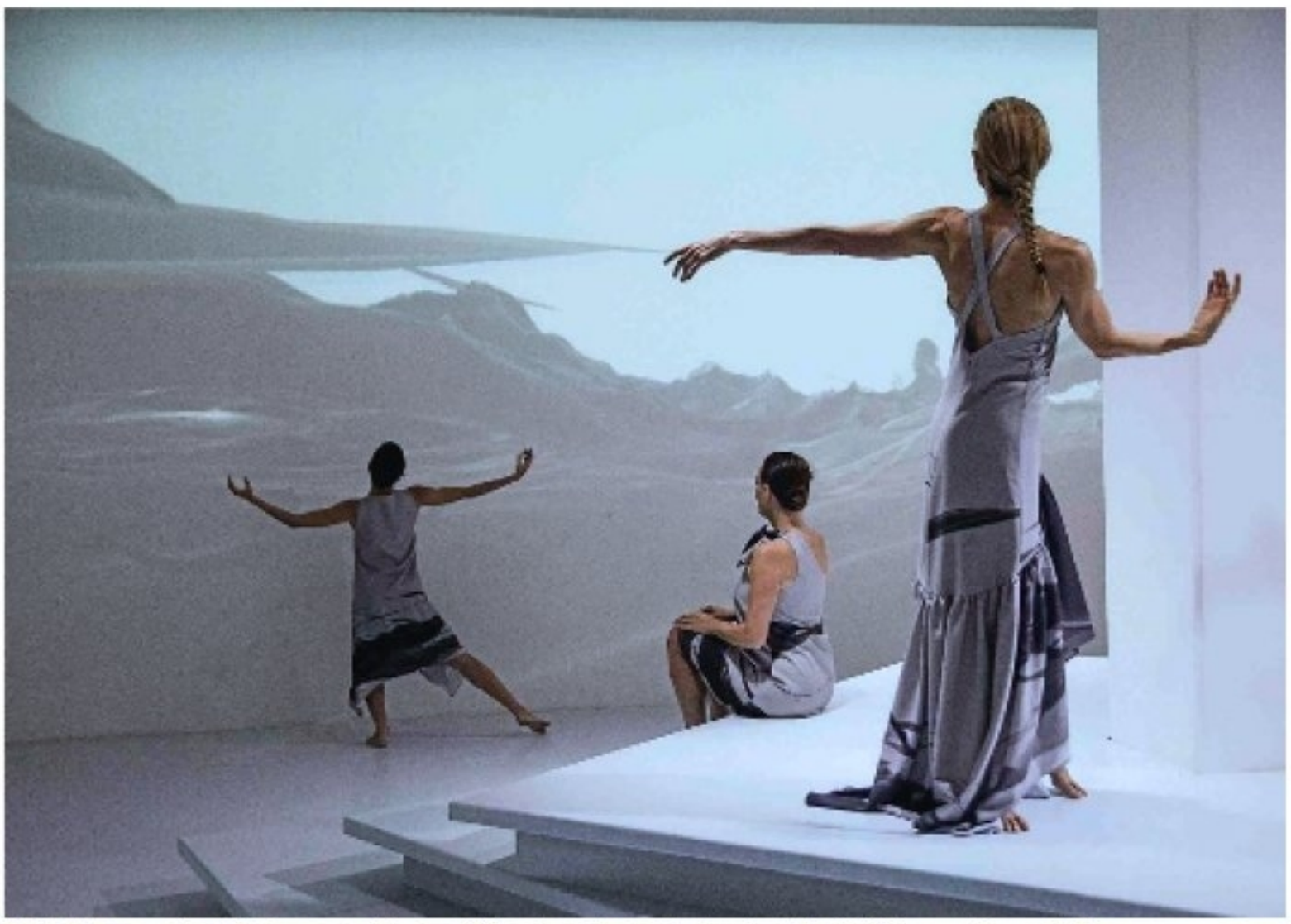
"The virtual environment depicts the element of water as an ocean that one is immersed in. The frequency of the user's breathing provokes and challenges an interaction between the user and the system, and this changes the behaviour of the whole environment (audio and visuals)," Prpa said.

The waves get more intense, and the music being played all change depending on the user, Tatar said.

"The participant's breathing frequency is mapped to eventfulness of audio samples," he explained. "In summary, as the user's breathing slows down, the music settles down and becomes less eventful and the pulsation also slows down, and stops when the user breathes very slow and subtle. As the user starts breathing faster, the audio becomes more eventful, followed by a more rapid pulsation."

In addition, dancers also adapt their routine to match the display, which adds another layer of interaction between the audience and the art.

"I think this was an excellent opportunity to get involved with different disciplines," Tatar said. "I am super interested in doing more artwork that explores interdisciplinary in art and technology. I am truly inspired by working with such amazing people."



P.O.E.M.A., an art installation created by two SFU students, is turning heads at the 2016 Summer Games in Rio.
COURTESY ADRIANO FAGUNDES

> The concept evolved around three elements: pulse, breath and water. Mirjana Prpa

WHERE TO GO

The piece is on display at the Oi Futuro Flamengo museum in Rio de Janeiro and will be until the end of the Olympics on Aug. 21.

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Trudeau photo bombs beach wedding

TOFINO

Prime Minister shirtless with surfing gear

Wanyee Li
Metro | Vancouver

A Tofino wedding party had a surprise guest last week when Canada's prime minister showed up on the public beach with his surfing gear.

A shirtless Justin Trudeau appears in several photos from that day on Vancouver Island photographer Marnie Recker's Facebook page.

"When the Prime Minister of Canada accidentally photo bombs a wedding, he does it with impeccable timing and in full Tofino spirit," she wrote on Facebook.

Trudeau was carrying a surfboard and had his wetsuit down around his waist in the photos.

"Justin was quickly leaving the beach at the same time the bride appeared and started coming down the stairs. It was her moment and he respectfully stood aside and witnessed her walk down the aisle to her husband-to-be," said Recker.

A previous sighting of Canada's shirtless prime minister gained international attention.

The BBC and Time magazine reported on a Canadian family that encountered Trudeau while hiking in Quebec's Gatineau Park last month and took a selfie with the prime minister, who was not wearing a shirt.

Reporting on the same Quebec encounter, American online news provider Mic called shirtless Trudeau "one of Canada's most prized national treasures."

WITH FILES FROM THE CANADIAN PRESS

Vancouver Island photographer Marnie Recker posted this photo on Aug. 5, 2016 of Justin Trudeau photobombing a Tofino wedding ceremony. MARNIE RECKER PHOTOGRAPHY/FACEBOOK

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COQUIHALLA

Major crash closes highway; no deaths

There were no fatal injuries Friday after a commercial transport truck crashed into more than a dozen vehicles on a busy highway in British Columbia's Interior.

RCMP spokeswoman Const. Melissa Wutke said one person with serious but non-life threatening injuries was airlifted to hospital following the crash on the Coquihalla Highway, between Hope and Merritt.

"A commercial transport vehicle travelling southbound on Highway 5 apparently was unable to stop, and collided with 13 other vehicles," Wutke said in a statement.

Six other patients were taken by ambulance in stable condition, BC Emergency Health Services says in a tweet.

The major artery between B.C.'s Interior and the southern coast was cut off southbound while 10 ground ambulances and other emergency vehicles rushed to the scene around 2:30 p.m.

Witness Norm Draeger says it appears that the semi-truck lost its brakes and barrelled down the hill in the southbound lanes. He says vehicles had been stopped on the highway because of construction.

"There was wrecked vehicles all over, people all over the road. It was just a mess," Draeger says.

Police and the province's ministry of transportation are now investigating why the truck failed to stop, Wutke said.

The provincial government says Highway 5 southbound was to remain closed at the Box Canyon chain-up area until late Friday night.

THE CANADIAN PRESS

> **"There was wrecked vehicles all over, people all over the road. It was just a mess.** Norm Draeger

B.C. SUPREME COURT

Judge tosses warrant in grow-op hearing

A Vancouver Island judge has tossed out a search warrant for a suspected marijuana grow operation, deriding the police information used to obtain the warrant as "thin gruel."

B.C. Supreme Court Justice Douglas Thompson says in a decision released Friday that the right to be protected from unreasonable search was denied for Mario Kurtakis of Tahsis, B.C., when police scoured his property for evidence of marijuana production and trafficking.

A warrant was issued after Mounties reported smelling marijuana in the man's truck, seeing a brick of peat moss in the vehicle, hearing what sounded like an industrial fan inside the home, and receiving reports from a source that marijuana was often smelled emanating from the property.

The judge says the information presented in Kurtakis' case does not provide a basis "for anything more than suspicion."

He says the peat moss could have been used to grow plants other than marijuana and the sound heard inside the home could have been a air conditioning unit or fan cooling a room on a warm summer day.

Thompson also notes that the source reported smelling smoked marijuana instead of marijuana plants and says in the smell of smoked marijuana is "hardly worthy of a mention as evidence of marijuana production."

THE CANADIAN PRESS

Major EI fraud cases still elusive

TECHNOLOGY

New system roots out more, but smaller, potential cases

A new computer system designed to root out possible fraud and overpayments in the federal government's employment insurance program is capturing more cases than its predecessor.

But the system hasn't been reeling in as many big fish as officials hoped.

Departmental documents show that on average, the second-generation program was finding more modest overpayments than the earlier version, despite a significant jump in the number of cases identified for review.

The findings led Employment and Social Development Canada officials to rejig the predictive model that considers some 100 variables to calculate the chance that someone has received too much money, either by accident or through fraud.

The details are outlined in documents obtained by The Canadian Press under the Access to Information Act.

Officials now hope the recalibrated system can start finding more lucrative cases of overpayment to allow the department to better focus its resources and get a bigger bang for its investigative buck in one of the country's largest social programs.

"The newest iteration of the predictive model will provide the department with an additional tool to maintain integrity and prevent payment errors," said ESDC spokeswoman Evelyne Wildgoose Labrie.

"More specifically, it increases our efficiency at allocating resources to cases representing the highest risk of overpayment."

Since 2008, the predictive computer model has accounted for about half the overpayments identified.

A January presentation from ESDC officials likened the process to finding needles in a haystack by focusing on the likeliest area where the needles will be found. The presentation said the predictive system not only anticipates where and when errors will occur, but also identifies previously undetected cases to help officials figure out new ways to combat emerging fraud trends.

In 2014, the program received a performance upgrade, both in the number of actual case of overpayment it hit on and an increase in the size of overpayments identified.

Earlier this year, officials found that the second-generation system wasn't working as originally expected.

The average overpayment identified under the newer model was $861 between May and August 2015, a drop from the $957 average during the same period in 2014. The newer model was, however, finding more cases.

72

If the government can't collect the money within 72 months of identifying the wrongful payment, it is generally written off.

Officials predicted earlier this year that the newer model would find average overpayments of $1,739, up from the $1,047 identified during the first generation of the program. A presentation from February noted the new model would have a lower hit rate than the first generation system, "thus fewer low-value cases will need to be investigated."

The department said it's too early to say if the recalibrated system is meeting expectations.

Generally, the later the fraud or overpayment is detected, the less likely it is the government will recoup the funds. If the government can't collect the money within 72 months of identifying the wrongful payment, it is generally written off.

Debts can be written off for a variety of reasons, including if the debtor dies or declares bankruptcy, or that the debt itself has passed the 72-month statute of limitations for its collection.

The 72-month clock starts when the fraud is identified, but could be extended if the debtor goes to court, for example. So even seven years on, debts can be collected.

THE CANADIAN PRESS

A figure made of tape hangs from a fence on the High Level Bridge on Sunday. THE CANADIAN PRESS

EDMONTON

Tape figures appear on bridge

Some life-sized human figures made out of clear plastic tape and attached to suicide prevention barriers on an Edmonton bridge puzzled pedestrians, as well as authorities, after they mysteriously appeared on Sunday morning.

Was it an art project? Were they meant to draw attention to the number of people who've killed themselves by jumping off the High Level Bridge?

Or was it a protest against the design of the new barriers, which have narrowed the walkways on either side of the bridge and increased the number of bicycle collisions?

"I thought it must be a suicide prevention ad or effort," said Paul Macdonald, who passed one of the figures while cycling.

"It struck me. Hopefully people will think about it and it will help prevent suicides."

"We considered it vandalism so we went out and cleaned them up," explained Janice Schroeder, a city spokeswoman. THE CANADIAN PRESS

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Board busts balloons

TRANSPORTATION

Time for crackdown on operators, says federal agency

A memorial at the site of the recent hot air balloon crash in Texas. EDWARD A. ORNELAS/SAN ANTONIO EXPRESS-NEWS VIA THE ASSOCIATED PRESS

In the wake of hot air balloon crash in the U.S. that killed 16 people, the federal agency that oversees transportation safety in this country says there hasn't been enough action taken over safety concerns.

"Balloon operators can operate commercially, can take fare-paying passengers up for sightseeing tours and yet they're not required to undergo the same level of regulatory oversight that airplanes or helicopters would be doing the same activity," Transportation Safety Board chair Kathy Fox told The Canadian Press.

To carry paying customers, balloon operators must obtain a Transport Canada-issued Special Flights Operations Certificate, which Fox says can be obtained by submitting only basic information. It also never expires.

Unlike other plane or helicopter companies, balloon operations are not subject to audits or inspections and are not required to maintain operations or maintenance control manuals, Fox says.

Following the deadly July 30 balloon crash in a field in central Texas, there have been calls for stricter rules in the U.S.

A member of the U.S. National Transportation Safety Board, Robert Sumwalt, told The Associated Press there was what he called a "disparity" in the requirements for balloon operators compared to plane or helicopter pilots — similar to concerns raised by the TSB since 2008.

But the agency says recommendations for tougher commercial ballooning rules in Canada have been brushed aside by the federal transportation department.

Although individual pilots must be licensed and balloons must obtain a yearly "airworthiness certificate," Fox maintains there is not enough overall industry oversight to ensure companies are operating safely.

"It's really left up to the balloon operators now, and I'm sure they're doing their best to operate safely, but the point is it's left up to them with no regulatory oversight from Transport Canada," Fox said.

The Transportation Safety Board first recommended imposing stricter regulations following a pair of 2007 accidents.

In response to the board's call for tighter regulations, Transport Canada agreed to conduct a risk assessment and formed a working group to study the issue.

The assessment was not released publicly, but the federal department stated in late 2013 that the favourable safety record of operators indicated that no further regulatory action was needed to ensure passenger safety. THE CANADIAN PRESS

Timeline of hot-air balloon accidents here

Here's a look at some balloon-related accidents in Canada.

- July 14, 2001: The 15-year-old daughter of the organizer of the Gatineau Hot Air Balloon Festival died when a balloon piloted by her father struck an electrical wire.

Julie Boileau was killed when the balloon, shifted by a gust of wind, touched a 25,000-volt line. Her father, Jean Boileau, was injured.

- Aug. 11, 2007: Seven people were injured — three seriously — when a balloon carrying a dozen passengers crash-landed in a farmer's field north of Winnipeg.

Witnesses said the balloon bounced several times before the basket flipped upside down and caught fire.

- Aug. 24, 2007: Two passengers died in Surrey, B.C., when an uncontrolled propane-fuelled fire broke out in a hot air balloon preparing for takeoff. Other passengers jumped from the burning basket as the balloon rose to the limit of its tethering strap and broke free, eventually plummeting into a nearby mobile home park.

- July 14, 2010: Passengers on an Ottawa-area hot air balloon had a scare when the basket caught fire during an early landing due to turbulence.

The fire self-extinguished, and the balloon struck some trees before rising again, eventually landing in a residential Ottawa neighbourhood. Nobody was hurt.

- Aug. 11, 2013: A 27-year-old pilot plunged to his death after failing to let go of a cable from another pilot's balloon as he tried to help it land in St-Jean-sur-Richelieu, Que.

The pilot was taking part in the popular annual balloon festival held just south of Montreal.

SOURCE: TRANSPORTATION SAFETY BOARD OF CANADA; THE CANADIAN PRESS

QUEBEC

Pit bull education, not ban, for Quebec: Advisory panel

For all the talk about banning pit bulls in Quebec, an advisory panel convened to look into the fate of those dogs doesn't appear to be biting on a controversial call to prohibit the dogs.

There's no mention of banning the breed from a government-appointed advisory panel to look into the matter, according to recommendations in a draft document obtained by The Canadian Press.

That goes against what Premier Philippe Couillard and several senior Liberal government ministers have publicly been saying since June — that a province-wide ban on pit bulls in Quebec along the lines of one in Ontario may be the way to go.

If Couillard's government elects to abide by the recommendations in the draft document, marked "confidential" and dated July 29, there's no mention in them of a ban like Ontario, where pit bulls have been banned since 2005.

Instead of targeting certain types, the panel suggests a case-by-case approach and "pit bull" and "dog breed" aren't mentioned in the recommendations.

The group is recommending a law that would set conditions to owning dangerous or potentially dangerous dogs and would include an awareness campaign aimed at preventing dog bites and educating the owners of such dogs. THE CANADIAN PRESS

IN BRIEF

Boy, subject of Amber Alert, found dead

Hamilton police say Finnigan Danne, 12, who was reported missing, was found dead Sunday. A post-mortem has been scheduled.

Danne, who suffered from a neuromuscular disorder and had limited mobility without a wheelchair, was last seen Saturday morning. Police issued an Amber Alert Sunday afternoon but cancelled it less than an hour later. THE CANADIAN PRESS

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STORMS MACEDONIA DECLARES EMERGENCY AFTER DEADLY FLOODING
A man walks through a flooded street in the village of Stajkovci, near Macedonia's capital of Skopje, on Sunday following overnight torrential rains and fierce storms. The storms left at least 21 people dead, six missing and dozens injured, authorities said. The freak weather included winds blowing at more than 70 kilometres an hour and resulted in flash floods and landslides, with cars swept away by the violent torrents. Macedonia's government declared a state of emergency in parts of the capital as police and army helicopters searched for the missing and evacuated hundreds from the flood zone. ROBERT ATANASOVSKI/AFP/GETTY IMAGES

Daesh claims machete attack on police officers

BELGIUM

Assailant shot and killed by third officer

Daesh on Sunday claimed responsibility for a weekend machete attack that wounded two policewomen in the Belgian city of Charleroi, calling it an act of reprisal carried out by one of its "soldiers."

Belgian prosecutors identified the machete-wielding assailant as a 33-year-old Algerian known to police for criminal offences but not for extremist acts.

Belgian media reported that he was in the country illegally, despite two separate orders being issued for him to leave. The government didn't immediately confirm the reports.

The attack on Saturday afternoon is being treated as a terrorist incident, notably because the man shouted "Allahu akbar!" — Arabic for "God is great" — as he slashed at the officers outside Charleroi's main police station, Prime Minister Charles Michel said.

The assailant, shot by a third officer, died later in a hospital. A statement by the Daesh-affiliated Aamaq News Agency, posted Sunday on an Daesh-linked Twitter account, said the attack on the policewomen was in response to the "Crusader coalition's" military campaign against Daesh.

Belgium, a longtime U.S. ally, is a member of the American-led coalition combating Daesh, and has supplied warplanes to participate in anti-Daesh operations.

The Belgian Federal Prosecutor's Office said the attacker, who it identified only as K.B., had lived in Belgium since 2012.

> **We must avoid panic, of course — not give in to terror.**
> Belgian Prime Minister Charles Michel

"Since there are indications that the attack may have been inspired by a terrorist motive, the federal prosecutor's office decided to take over the investigation from the district prosecutor's office of Charleroi," the federal office said in a statement.

The office said two police searches were carried out overnight in the southern Belgian city, but that no further information about the investigation would be made public.

Broadcast media including state-owned RTBF said K.B. was in Belgium illegally despite receiving two separate orders from government authorities to leave. Michel didn't directly confirm the reports. But he told RTL television that more must be done to combat illegal immigration, saying it was difficult to persuade Algeria to accept the return of its nationals.

The prime minister spoke to reporters following an emergency meeting with top Belgian law enforcement officials Sunday morning. Michel cut short his vacation in the south of France following the Charleroi attack, which had some police unions clamouring for greater protection for police officers and installations. THE ASSOCIATED PRESS

IN BRIEF

Man arrested for drug-laced candy that made 24 ill
A Michigan man has been arrested and charged with felony drug trafficking after more than two dozen concertgoers became ill after ingesting THC-laced candies at a northeast Ohio rap festival.

The Richland County Sheriff's Office was holding 28-year-old Matthew Lee Gross, of Ypsilanti, in jail Sunday.

THC is the psychoactive compound in marijuana.
THE ASSOCIATED PRESS

THAILAND

Voters approve new constitution

Thai voters on Sunday overwhelmingly approved a new junta-backed constitution that lays the foundation for a civilian government influenced by the military and controlled by appointed — rather than elected — officials.

Although near-final results showed that more than 60 per cent of voters in a referendum called by the military government approved of the constitution, the vote is likely to be met by some skepticism. The junta — led by Prime Minister Prayuth Chan-ocha, a retired army general who has severely curtailed dissent since coming to power in a 2014 coup — imposed severe restrictions on public discussion of the proposed constitution.

The "yes" vote "adds that touch of legitimacy to the coup makers," said Pavin Chachavalpongpun, an associate professor of Southeast Asian Studies at Kyoto University in Japan.

With 94 per cent of the ballots tallied when counting was suspended for the night, 61 per cent of the voters said they approved of the constitution, while 39 per cent rejected it. The official final count is expected Wednesday.
THE ASSOCIATED PRESS

A Thai member of the New Democracy cries after the "Yes" victory on Sunday. BORJA SANCHEZ-TRILLO/AFP/GETTY IMAGES

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Your essential daily news
Monday, August 8, 2016

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

I have a dear friend who invites me to her cottage every year. I hate going. I've started making up excuses, but now it seems too obvious. Is there a polite way to decline?

Dear Ellen,

I have a dear friend who invites me to her cottage every year. The trouble is, I hate going. I don't like cottages. Or swimming. Or her other friends. Or her yappy, smelly, badly trained dogs who constantly jump up on people. A couple of years ago, I started making excuses at the last minute not to go, but now it seems too obvious. Is there a polite way to decline cottage invites without hurting a host's feelings?

— City Gal

Dear City Gal,

I think this one might depend on the friend, and how invested she is in her identity as a cottage owner. Some people (like me) wouldn't care one bit if a friend declined the invite and bluntly admitted: "Sorry, I'm not a cottage person, but thanks anyway!" The truth is, it's a lot of trouble to entertain guests at a cottage, and it's often hard for cottage owners to fit everyone in over a short Canadian summer. So she might appreciate being off the hook with a guest who doesn't want to come at all.

If you want to soften the blow, you can always send along a wee gift as a token of appreciation for the invite — a bottle of something nice for her and her friends to share in your absence, or a beeswax candle for the dinner table.

It's often hard for cottage owners to fit everyone in over a short Canadian summer. So she might appreciate being off the hook with a guest who doesn't want to come at all.

If she's bound to take huge offence, you have two choices: Let her be offended and cut you out of her life forever. Or go to the damn cottage and suck it up to save the friendship.

Easy peasy. And with our remaining space, let's go over some cottage rules for those who do end up there.

Guests should always offer to bring food, and take direction from the host as to what's needed or desired. Make sure to bring beer, wine or some fancy booze if everyone's a drinker.

Take your cue from the host when it comes to matters such as talking or not talking in the morning, or where to put toilet paper if there are septic tanks or outhouses involved. Pitch in with cooking, dishes, getting out swimming and boating toys and equipment, and putting them all away again. No matter how much you might hate cards, board games, euchre or charades, you are obliged to enthusiastically join in.

Hosts, meanwhile, should make sure linens are clean or, at the very least, don't reek of mildew and your last 20 guests. And get rid of old pillows — you know the ones I mean: those rock-hard, 10-kilo repositories of dead skin cells and dust mites.

Alternatively, there is no shame in asking guests to bring their own sheets and pillows.

If guests want to pitch in with tasks around the property, let them. But don't ask anyone to spend the weekend hauling lumber, painting the boathouse, or fixing the dock.

And, sorry to be such a downer, but not everyone has the survival skills you've developed over years of cottage dwelling. You owe it to guests to make sure you have working fire extinguishers, enough life vests for everyone on the water, and emergency numbers posted in plain sight.

As for yappy, smelly, badly trained dogs who jump up on people, that's a whole other problem, which I'd love to address in another column — though I warn any owners of these intolerable irritants, you won't like it.

ELLEN'S RULES

Dos and don'ts of being a cottage guest

Always bring food (and booze, if it's a drinking crowd) to share.

Take your cue from the host about the toilet paper/septic tank/outhouse situation if it's unclear.

Participate enthusiastically in activities like swimming, boating and board games.

Pitch in with dishes, clean-up and chores.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

9 to 5, Part 2: Working women's rights are front and centre once again

The realities and plights of working women have entered the U.S. election with a somewhat surprising intensity.

Hillary Clinton's campaign was always going to spur debate over women's capacity to wield power, their innate suitability and the public appetite to see them succeed.

But it's also landed in the middle of an economic call to arms, a renaissance of working women's rights, a realization 9 to 5 remains a relevant protest film as well as a satisfying serving of Dolly Parton, Jane Fonda and Lily Tomlin.

Beginning with Anne-Marie Slaughter's Why Women Still Can't Have It All in the Atlantic magazine, and followed by Sheryl Sandberg's controversial Lean In, we're living in an upswing of outrage over the lack of women in executive jobs, the ongoing pay gap that sees women of colour earning the absolute least, the burden of caregiving on women and the galling lack of maternity leave in the U.S.

Then, crashing through the election's front window, Gretchen Carlson's lawsuit against Fox chairman Roger Ailes forced high-level resignations (Ailes, among others), bringing sexual harassment front and centre once again.

Never one to bow out of a controversy, Donald Trump suggested harassed women should just change jobs; he'd already said pregnancies are bad for business. His running mate, Mike Pence, argued in a 1997 newspaper letter that working women "stunted" kids' emotional growth.

But it was Ivanka Trump who proved just how pivotal working women are to this election when she shocked onlookers at the Republican National Convention with the unconvincing, Hail-Mary claim her father would fight for equal pay — a Clinton campaign cornerstone.

Amidst all this blustering, ordinary women are just trying to navigate the status quo of a working world created to benefit men.

That led New York Times journalist Jessica Bennett to write the forthcoming Feminist Fight Club, a how-to "survival manual for a sexist workplace." It's the kind of book I don't want to like, both from a natural aversion to advice and because cheeky manuals are generally useless.

This book, happily, is not. In particular, I fell for the dissection of the many uses of "I'm sorry." It contains the kind of advice that generally comes with a cocktail: Worth hearing, if not always taking.

Individual women can't contort themselves just so to escape systemic forces of the patriarchy in the economy. That will require a more than the current culture storm. It's anyone's guess how long a 1980s feminist satire will still have something to say about working women's rights.

Listen to 'Nth Wave,' Rosie's podcast on women & media, at metronews.ca/podcasts

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Movie audiences shrug off scathing reviews: Suicide Squad set an opening record for August with $135.1M

The Your Morning team, from left, Kelsey McEwen (weather anchor), Ben Mulroney and Anne-Marie Mediwake (hosts), Lindsey Deluce (news anchor) and Melissa Grelo (late morning anchor).
THE CANADIAN PRESS/CONTRIBUTED

What's at stake for Your Morning

INTERVIEW

CTV looks for more analysis, less news in flagship show

Ben Mulroney and Anne-Marie Mediwake are talking animatedly in a small office at CTV's headquarters in Toronto. The banter is non-stop and effortless, a preview of things to come for their new flagship morning show, launching Aug. 22 to replace the venerable Canada AM.

Mulroney: "I do all the Harry Potter voices for my kids. Here's one. (Deep voice) 'You're a wizard Harry.'"

Mediwake with a puzzled look: "Who's that?"

Mulroney: "It's Hagrid. I didn't say I was good at impressions."

Mulroney so far is doing a pretty good Canadian take on American Idol host Ryan Seacrest, who seems to be everywhere in the entertainment landscape south of the border. As well as hosting Your Morning, Mulroney will continue to work for entertainment show eTalk.

"Look, he's got like seven jobs; I only have two. It's scheduling," says Mulroney in his first sit-down interview, along with Mediwake, since the show was announced.

A lot is riding on the success of Your Morning. Fans didn't appreciate that Canada AM, which would have celebrated 44 years this September, was yanked unceremoniously from the schedule two months ago with a mere 24 hours notice.

There is also concern that the new incarnation will be less about the news and more about entertainment, leaving Canadians with fewer in-depth stories about their own backyard.

The jury is still out. But certainly few people have been as groomed for the morning show job as Mulroney, son of former prime minister Brian Mulroney. The younger Mulroney has already guest-hosted Canada AM, as well as bigger things south of the border, including ABC's Live! With Kelly.

Mediwake, meanwhile, has a solid hard news background. Her last role was the supper-hour anchor for Toronto's CBC newscast with co-host Dwight Drummond, and earlier in her career she worked as a reporter for Canada AM and CTV National News.

"I'm the daughter of a 1970s Pierre Trudeau immigrant and he's the son of a former prime minister. It doesn't get more Canadian than that," says Mediwake. "We want this to be a platform for the biggest newsmakers in Canada. When they have a story to tell, this is where we want them to come," says Mulroney.

The traditional way of telling the news has been replaced by social media and conventional broadcasters have to approach storytelling differently, she says.

"People already know what the sports score is or that Michelle Obama had a great speech last night," says Mediwake. "It's actually an opportunity to go deeper. Wouldn't it be great to talk to Obama's speech writer to see how those words were crafted?"

Mulroney and Mediwake will be joined by CP24's Melissa Grelo and Lindsey Deluce as late morning anchor and news anchor, and Kelsey McEwen as weather anchor.

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How to make kids marketing savvy

FAMILY FINANCES

Kids don't make money, but they tell us how to spend it

Gail Vaz-Oxlade
For Metro Canada

From footwear to hair care, big business is making its pitch to little consumers and scoring billions of dollars.

Kids may not make the money, but they sure have a say in how we spend it. Marketers know. And that's why their focus has moved from the traditional toys, candy and cereal to computers, clothing and cars.

Worried that commercials are having an undue influence on your children? Time to start talking to your wee ones about how the "promise" and the "reality" differ.

When your child says he wants the latest action figure, ask him if he thinks said figure will move by of its own accord. When you take her to the store to buy something, take it out of the packaging (another buy-me ploy) and ask if it lives up to her expectations.

One marketing technique to teach kids about is the "Famous People Ads" — the message is if an athlete, movie star or musician uses the product, shouldn't you? ISTOCK

Kids can't differentiate between what's real and what's marketing magic. You actually have to teach your kids that advertising exists to sell products, that special effects can exaggerate a product's operation, and that the ads don't always include all the information.

The next time you watch TV with your son or daughter, take time to point out the difference between the programs and the advertisements. Talk with your child about the different types of commercials on TV, radio, online and in print. Help your kids label the ads so they become less susceptible to marketers' influence. (Hey, you might make a discovery or two yourself!)

> **When you take her to the store to buy something, take it out of the packaging and ask if it lives up to her expectations.**

Wannabe Ads: Beautiful people having scads of fun doing things we would all love to be able to do: rafting, skiing, skateboarding, dancing. Buy the product and you'll be part of a group of fun-loving, popular achievers.

Famous People Ads: Athletes, movie stars, musicians, famous business people, even politicians appear in ads. The message is if someone famous uses the product, shouldn't you?

Cozy Ads: These ads depict warm, comfy pictures, usually in an intimate setting. A grandpa and grandson chatting on the telephone or best friends sharing secrets over a tub of ice cream. These ads want you to relate their products to love and contentment.

Facts Ads: Four out of five doctors, six out of seven dentists and nine out of ten mechanics all say this is the best product available. Could all those experts be wrong?

The Great Offer Ads: These offer you a not-to-be-believed, too-good-to-pass-up opportunity to get more for less — buy two get one free, buy one and the next is half-price.

Once you and your kidlet have labelled the ads, make a game of finding four or five examples of each type of ad. Ask your child:

Is the product better because a famous person says it is?

Will you be happier, safer, warmer, cozier, if you buy that product?

Is the deal being offered really a good deal? (Time to do the math.)

Given the constant barrage of messages to buy, buy, buy, it's not surprising that children are consummate consumers. Isn't it time to start making your kids smarter about how they spend their, and your, money?

For more money advice, visit Gail's website at gailvazoxlade.com

THE LATEST IN RESEARCH

Tinder generation is having less sex than parents did

Casual sex and "hookup culture" among Tinder-swiping millennials has been the source of much conversation — and consternation. A study from the Archives of Sexual Behaviour in August suggests concerns may be misplaced. Researchers analyzed U.S. General Social Survey data from 1989-2014 to find out whether those born between 1980-1994 and 1995-2012 had more sexual partners as adults compared to older generations. Other data has suggested teenage sexual activity in those cohorts was lower than previous years. Researchers found millennials born in the 1990s were more than twice as likely to be sexually inactive as young adults than those born in the 1960s and 41 per cent more likely than millennials born just a few years earlier in the 1980s. Researchers suggested living with parents longer, preferring non-penetrative sexual behaviour and sexual education may contribute to the change.

Richer neighbourhoods attract more creepy crawlers

While conventional wisdom might suggest homes in lower-income neighbourhoods might harbour more arthropods — generally, creatures with exoskeletons such as flies, ants, spiders, centipedes, and millipedes — a new study published in the Royal Society's journal Biology Letters found the opposite was true. They hand-counted all living and dead arthropods in 50 homes in Raleigh, N.C. and found higher-income neighbourhoods had a greater diversity.

Women like personal invites — even for a Pap test

Women who receive an invitation in the mail are more likely to get their Pap test, according to a study associated with the Ontario Cervical Screening Program published in the journal Preventive Medicine. The study looked at the impact of followup reminders sent out in 2014 by Cancer Care Ontario to women between 30 and 69 years old. Women who received the invitations were around 1.7 times more likely to undergo a Pap test. Among women who received the mail-out, 14 per cent were screened within nine months, according to the study. Among women who did not receive a mail-out, 8.5 per cent were screened within nine months.

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A day after breaking his left leg while vaulting, French gymnast Samir Ait Said said he hopes to return for the Tokyo games in 2020

Penny Oleksiak of Toronto on her way to winning silver in the women's 100-metre butterfly. IAN MACNICOL/GETTY IMAGES

It's a silver lining for teenager Oleksiak

SWIMMING

Beats her junior record to win second medal

Penny Oleksiak spent her first day of competition at the Rio Games lowering her own world junior record in the 100-metre butterfly heats and anchoring Canada's freestyle relay team to a bronze medal.

Now she can add a silver medal to her impressive Olympic debut.

The 16-year-old from Toronto finished second in Sunday's 100-metre butterfly final, again beating her world junior mark by clocking a Canadian-record time of 56.46 seconds.

It took a world-record performance to beat Oleksiak, as Sweden's Sarah Sjostrom won in 55.48 seconds. American Dana Vollmer, who won gold in the event four years ago in London, took bronze in 56.63.

> **I don't think people know what's coming.**
> Penny Oleksiak

Oleksiak, who is quickly becoming Canada's face of the Rio Games, was in third place after the first 50 metres, but came on strong out of the turn to give Canada its second medal in Rio.

"The first few seconds after I touched the wall I didn't look back. I was just trying to catch my breath," she said. "I wasn't even sure I'd even medalled until I looked up and saw the Canadian flags in the air around me.

"Getting to see that and getting to see that you medalled is just an amazing feeling."

THE CANADIAN PRESS

DAY 2 HIGHLIGHTS

Williams sisters stunned by Czech duo

The whipping gusts that disrupted athletes and spectators alike were just a prelude to the winds of change that roared through Rio de Janeiro on Sunday night: Serena and Venus Williams lost an Olympic doubles match for the first time.

Day 2 of the Rio Games proved quite the breeze for some athletes and much too windy for others. The gusts ripped apart a large decorative panel on the swimming venue.

Then, the tempest: the Williams sisters were stunned in the opening round by the Czech Republic's Lucie Safarova and Barbora Strycova 6-3, 6-4 after entering Sunday's match with a 15-0 mark in the Olympics.

They had won the gold medal in women's doubles every time they entered the event: in 2000, 2008 and 2012. The American duo was seeded No. 1 in Rio and coming off a 14th Grand Slam championship together at Wimbledon a month ago.

RIO Golden first

Majlinda Kelmendi won Kosovo's first Olympic medal, taking gold in judo (women's 52 kilograms). Kosovo was not recognized by the IOC until 2014.

China won yet another medal in air rifle on a day nasty winds sent the clay targets in the trap event bobbing and bouncing through the air, forced delays on the tennis courts and whipped up treacherous waves in the Rodrigo de Freitas Lagoon.

Sunday's rowing regatta was called off after a two-hour delay when the choppy seas didn't let up. Race officials said winds gusting up to 55 km/h pushed buoys into the lanes and capsized two boats during morning practice.

THE ASSOCIATED PRESS

VOLLEYBALL

Canada stuns U.S. in return to Games

Canada's men's volleyball team may have lulled the competition into a false sense of confidence.

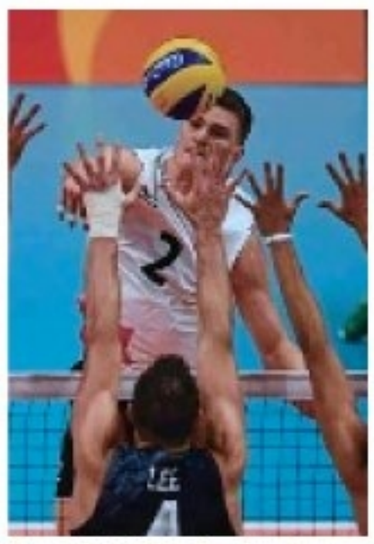
The Canadians defeated the United States 3-0 in the men's volleyball opener for both teams Sunday at the Rio Games. This is the Canadian team's first Olympic appearance since the 1992 Barcelona Games.

The 12th-ranked Canadians converted their first match point for a 25-23, 25-17, 25-23 upset win over the No. 5 Americans.

"You never expect a victory quite like that," said Canadian opposite spiker Gavin Schmitt. "But we know that we can play very well and if we focused on our own game, really took it to them and played aggressive then we had a good chance of beating them."

Canada will continue preliminary-round play Tuesday against top-ranked Brazil.

THE CANADIAN PRESS



Canada's John Gordon Perrin spikes the ball during a qualifying match against the United States on Sunday. PEDRO UGARTE/AFP/GETTY IMAGES

DIVING

Abel and Ware land just shy of podium

Canadian divers Jennifer Abel and Pamela Ware opened the Rio Olympics with a gut-wrenching result in the women's three-metre synchronized event.

The duo finished fourth, less than one point behind bronze medallists Maddison Keeney and Anabelle Smith of Australia.

Chinese pair Shi Tingmao and Wu Minxia won the gold with a score of 345.60 while Italians Tania Cagnotto and Frencesca Dallape were second with 313.83 and the Aussies scored 299.19. Abel and Ware finished with 298.32.

THE CANADIAN PRESS

IN BRIEF

Canadian judoka falls in bronze-medal match

Canadian judoka Antoine Bouchard lost to Japan's Masashi Ebinuma in the 66-kilogram bronze-medal match at the Rio Olympics.

The 21-year-old Jonquiere, Que., native started his day with three straight wins, including a stunning victory in the round of 32 over Russia's Mikhail Puliaev, a silver medallist at the 2014 and 2015 world championships. THE CANADIAN PRESS

Canucks advance to semis in women's rugby

Bianca Farella and Ghislaine Landry scored late tries to lead Canada past France 15-5 in the quarter-finals of the women's rugby sevens Olympic tournament.

Canada will face Australia, the tournament's No. 1 seed, on Monday in the semifinal.

THE CANADIAN PRESS

Ghislaine Landry GETTY IMAGES

metro SPORTS

Zlatan Ibrahimovic scored an 83rd-minute winner as Manchester United beat Leicester 2-1 to capture the Community Shield

Flawless Furyk has his way on Route 58

GOLF

Veteran motors to a new magic number with round for ages

Jim Furyk has a place in PGA Tour history all to himself with a new magic number in golf.

Three years after Furyk became the sixth player on tour with a 59, he took it even lower Sunday in the Travelers Championship with a 58.

The 46-year-old American bounced in an eagle from 135 yards on his third hole, ran off seven straight birdies around the turn and picked up his final birdie on the 16th hole with a putt from just inside 24 feet. He rolled in a short par putt on the final hole at TPC River Highlands, thrust his arms in the air and waved his cap to salute thousands of fans who had rushed to the amphitheatre around the 18th green to catch a stunning slice of history.

"There's a lot of rounds by a lot of great players ahead of me that have never reached 58, so to hold that record alone right now, on the PGA Tour at least ... is phenomenal," Furyk said. "To have a little, small place in history is something you dream of."

And it could have been even lower. Furyk reached 11 under on the par-70 course with his seventh straight birdie at No. 12. He missed a 12-foot birdie attempt on the 14th hole, and after nearly driving the par-4 15th, his 8-foot birdie putt lipped out. It might be one of the best rounds hardly anyone saw.

Furyk, who started the final round 16 shots out of the lead, had less than a dozen fans watching when he teed off at 8:41 a.m. He finished his round before Golf Channel coverage began. The news travelled far.

"Amazing, eh?" Justin Rose said from the practice range at the Olympic Golf Course in Rio de Janeiro. "Amazing that he did it without birdieing the 13th (par 5) and 15th. Pretty cool."

It might not have happened if Furyk had not gone this road before. He shot a 59 at Conway Farms in the second round of the 2013 BMW Championship with a bogey on his card.

"I guess had I never shot 59 before, I probably would have been thinking 59, the barrier," he said. "But the fact that I did it three years ago, you know, in the back of my mind I've got 11-under through 12; I've got six holes to play. If I play them under par, I'm going to break another barrier."

THE ASSOCIATED PRESS

Jim Furyk of the United States celebrates after shooting a record-setting 58 during the final round of the Travelers Championship in Connecticut on Sunday. STEVEN RYAN/GETTY IMAGES

KNOX IS TOPS

Russell Knox of Scotland saved par with a 12-foot putt on the final hole to beat Jerry Kelly by a stroke Sunday in the Travelers Championship. THE ASSOCIATED PRESS

Total Paralympics ban for Russians

RIO 2016

After escaping a blanket ban from the Olympics, Russia was kicked out of the upcoming Paralympics as the ultimate punishment for the state running a doping operation that polluted sports by prioritizing "medals over morals."

Paralympic leaders expelled one of its most significant members as the IOC announced that 278 Russians have been given clearance to compete at the Olympics after their eligibility was left to individual sports.

Russia's years of doping deception, including tampering with samples at the 2014 Olympics and Paralympics in Sochi, were outlined last month by World Anti-Doping Agency investigator Richard McLaren.

"The facts really do hurt," IPC President Philip Craven said. "They are an unprecedented attack on every clean athlete who competes in sport. The anti-doping system in Russia is broken, corrupted and entirely compromised."

In contrast to IOC President Thomas Bach, who opposed the "nuclear option" of banning Russia, Craven directly condemned the Russian state's involvement in doping.

THE ASSOCIATED PRESS

IN BRIEF

Rodriguez at end of road

Alex Rodriguez will play his final major league game next Friday with the New York Yankees and then become a special adviser and instructor with the team. "This is a tough day. I love this game and I love this team," he said. "And today I'm saying goodbye." THE ASSOCIATED PRESS

Jays bats quiet in KC

Yordano Ventura pitched effectively, Kendrys Morales hit a grand slam, and the Kansas City Royals beat the Toronto Blue Jays 7-1 Sunday on another afternoon for Marcus Stroman to forget. Stroman (8-5) allowed three runs and seven hits in five innings. THE ASSOCIATED PRESS

Paxton mows down Angels

James Paxton took a four-hitter into the ninth inning before he was forced from the game after being hit on the left arm by a line drive, and the Seattle Mariners beat the Los Angeles Angels 3-1 on Sunday.

Mike Freeman had his first two major league hits, including an RBI single to cap a three-run fourth inning. THE ASSOCIATED PRESS

Ichiro joins exclusive club

Ichiro Suzuki joined the 3,000 hit club in Colorado on Sunday, becoming the 30th Major League player to reach the milestone.

The Marlins outfielder did it with a triple in the seventh inning at Coors Field. THE ASSOCIATED PRESS

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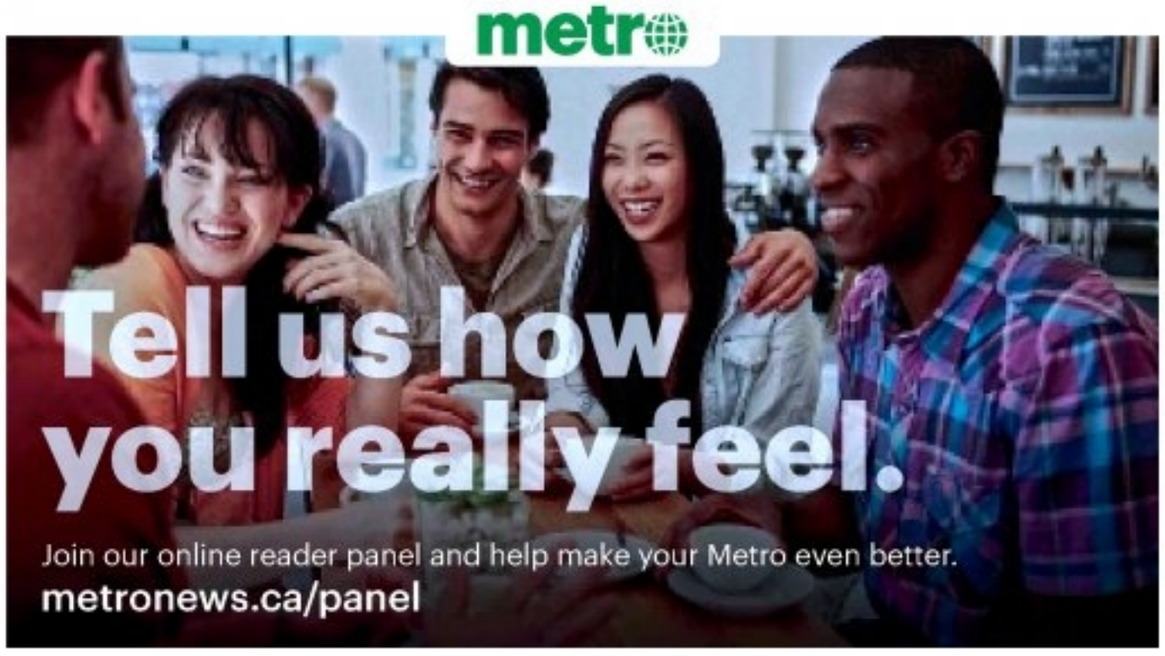


RECIPE Orecchietti with Sundried Tomatoes and Peas

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The perfect cradle for rich flavours like butter and cheese, orecchietti is a nice alternative to penne and, in this dish, makes best friends with salty sundried tomatoes and sweet peas.

Ready in
Prep time: 15 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 500 g orecchietti pasta
- 1 1/2 cups garden peas
- 1/4 cup dried sundried tomatoes, diced
- 1/4 cup olive oil
- 1 tsp butter
- 1 clove garlic, grated
- 1/2 cup grated Asiago cheese
- squeeze of lemon juice

Directions

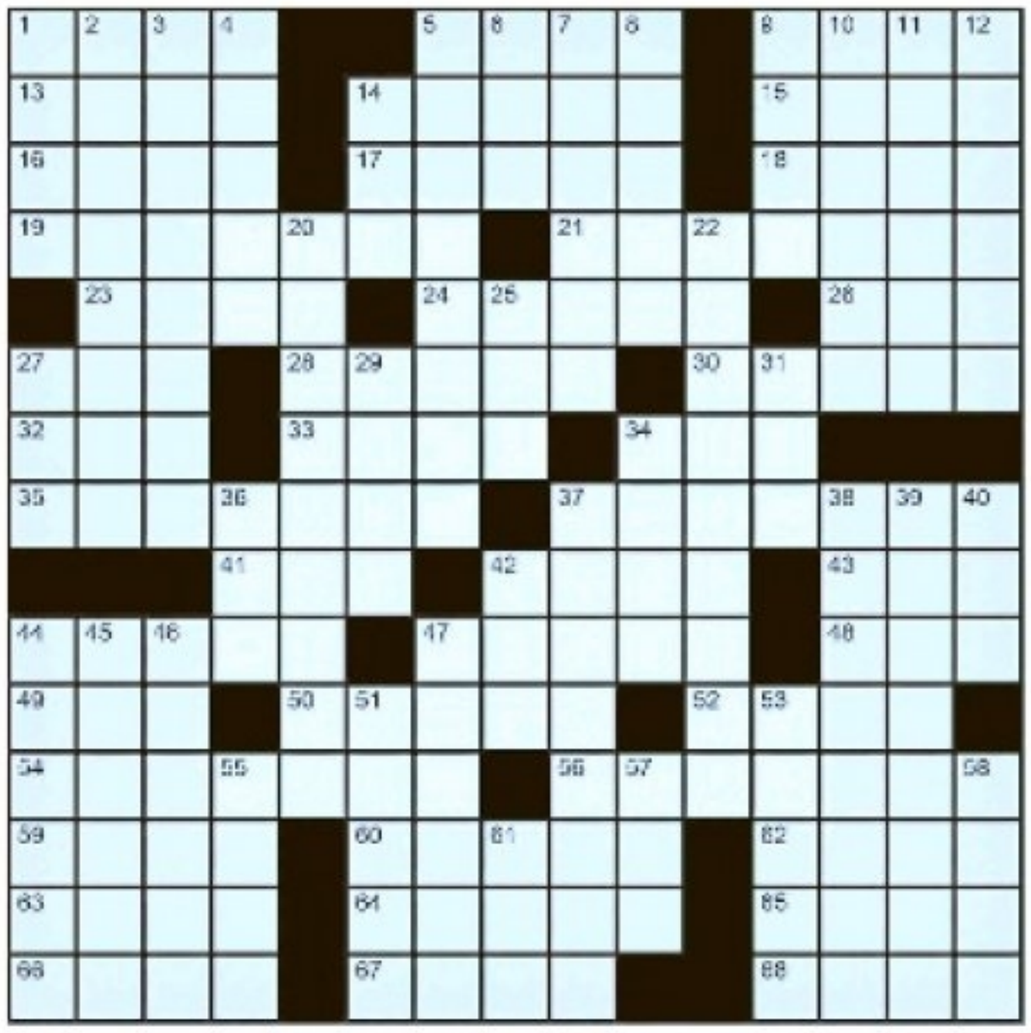
1. Bring a large pot of salted water to boil and cook pasta according to package directions. In the last minute of cooking time, add peas and sundried tomatoes; cook for 1 minute. Reserve 1/4 cup of the pasta water and drain.

2. Return pasta to pot over low heat. Stir in the reserved pasta water, oil and butter. Grate the garlic into the pasta and then mix. Add the cheese and a squeeze of lemon juice and serve with a salad and fresh bread.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. RIO 2016: Go! _ Canada! Go!
5. Watch pockets
9. Cartoonist Al
13. Memory unit
14. Petrol quantity
15. Botanical angle
16. Glassmaking oven
17. Mr. Shaw
18. _ butter
19. Music-listening purchases
21. RIO 2016: Olympic sport
23. Cameo stone
24. Trunk
26. 'Hect' ending
27. Agnus _ (Lamb of God)
28. Fashion brand, Perry _
30. Hollywood's Winona
32. _ _ landslide
33. Authentic
34. Pre-A.D. time alternative
35. Camera part: 2 wds.
37. RIO 2016: Schedule
41. Trendy
42. 154 in ancient Rome
43. Green
44. Zeniths
47. RIO 2016: Country for which the IOC code is GHA
48. Belonging to Washington's li'l locale
49. Old French coin
50. Kwik-_-_ ("The Simpsons" store)
52. God, in Gaspe
54. RIO 2016: Trains, weightlifter-style: 2 wds.
56. RIO 2016: Fragrant gifts to medal winners
59. Napoleon's exile isle
60. "I also want that!": 2 wds.
62. "I _ _ my wit's end!"
63. Particular phone
64. New Zealand language
65. Exec's assistant
66. Overbrim
67. Apple part
68. Chemical group sort

DOWN
1. Suppertime surfaces, shortly
2. See _ _ _ _ (Concur)
3. RIO 2016: Spectator at the first modern Olympics in 1896
4. Happy
5. RIO 2016: Swim race's beginning part: 2 wds.
6. Canadian cap.
7. Particular pipes
8. Soothsayers
9. Money
10. Logger's tool part, States-style: 2 wds.
11. RIO 2016: Father of the modern Olympics, Baron _ de Coubertin (b.1863 - d.1937)
12. RIO 2016: Soccer _
14. RIO 2016: Olympic country, _ People's Democratic Republic
20. RIO 2016: Keeps fit
22. RIO 2016: #38-Down sits atop what mountain's peak?
25. Pantry product
27. Twofold [abbr.]
29. RIO 2016: Gymnastics move
31. Edmonton Intl. Airport code
34. Sergey _ (Google co-founder)
36. Not he
37. RIO 2016: Diving event, Men's Synchronized 10m _
38. RIO 2016: Giant statue overlooking Rio, Christ the _
39. RIO 2016: Important element in the Olympic sport of Shooting
40. August, et al.
42. Cath. or Prot.
44. Element
45. Plum _, Manitoba
46. Mutter
47. Amazingly observe: 2 wds.
51. Some brand name champagnes
53. "_ _ _ Teenage Werewolf" (1957)
55. RIO 2016: Beach tree
57. Quebec 'law'
58. "_'D" (MTV show, once)
61. RIO 2016: Running shoe part

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to pay bills and take care of banking. It's also a good day to discuss budgets and material resources with co-workers, because people are co-operative today.

Taurus April 21 - May 21
Because today's Moon is opposite your sign, you have to go more than halfway when dealing with others. This won't be difficult, because people are in a good mood. It's a good day to socialize.

Gemini May 22 - June 21
It will please you to make an effort to get better organized today. You also will be pleased if you do something to promote your health. You want to turn over a new leaf.

Cancer June 22 - July 23
Tap into your creative vibes and enjoy artistic activities today. Movies, the arts, sports events, playful activities with children and socializing with others are top choices for you.

Leo July 24 - Aug. 23
Family discussions are warm and friendly today. This is a good day to explore real-estate opportunities. Enjoy cocooning at home.

Virgo Aug. 24 - Sept. 23
Your communication skills are excellent today. This is a blessing for those of you who sell, market, teach, write or act. Enjoy talking to siblings and relatives.

Libra Sept. 24 - Oct. 23
This is a good day for business and commerce. Trust your intuition. If shopping, you will like buying artistic objects, jewelry and clothes.

Scorpio Oct. 24 - Nov. 22
You might feel more emotional than usual today. This is why time spent with friends and members of groups is especially important. Younger, creative people are in your world today.

Sagittarius Nov. 23 - Dec. 21
You might work behind the scenes to promote something for others. In particular, you will make something more attractive or more appealing to the public.

Capricorn Dec. 22 - Jan. 20
Someone from a different background from yours, perhaps another culture or a different country, has something to offer you today. Perhaps this will lead to future travel plans.

Aquarius Jan. 21 - Feb. 19
People notice you today, and this is a good thing. Ask for help from someone, or ask to borrow something if you need it; you will likely get it.

Pisces
Feb. 20 - March 20
Grab every opportunity to do something different today, because you want to expand your horizons and explore something new. Travel if you can.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

4	8			5			7	1
2			1					6
				3				
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3		5				9		8
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8					9			4
7	5			2			8	3

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6	3	4	1	7	5	2	8	9
5	8	9	4	3	2	6	7	1
9	7	2	3	6	4	1	5	8
4	6	3	8	5	1	9	2	7
8	1	5	7	2	9	3	6	4
3	5	8	2	1	7	4	9	6
7	4	6	5	9	3	8	1	2
2	9	1	6	4	8	7	3	5

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